



Physical Location:
Cedar Creek Stables
2435 Shutterlee Mill Rd · Staunton, Virginia 24401

Mailing Address:
Ride With Pride
P.O. Box 1203 · Staunton VA 24402

(540) 255-2210 · www.RideWithPrideVA.org · volunteer4rwp@gmail.com · [@RideWithPrideTherapeuticRiding](https://www.instagram.com/RideWithPrideTherapeuticRiding)

Augusta County Virginia's premier equestrian-based therapeutic horsemanship program

MISSION

Serving those in Greater Augusta County with physical, emotional, developmental special needs through a wide range of therapeutic equine activities.

PRESIDENT'S REPORT



Laura Martlock
Board President

Hello!

While all of us at Ride With Pride have enjoyed our winter break, we are all getting Spring Fever and are getting very excited to start our new season! Horses and ponies are returning to the stable and volunteers are getting organized! We are looking forward to having another fun and exciting season with everyone and we have lots of activities and events planned for this year! Please join us as we begin our new season of sessions, picnics, trail rides, events and parties! We have so many exciting opportunities planned that there is a place for everyone to help, even if you can only commit to one or two things. If you would like to be involved, feel free to email us at info@ridewithprideva.org and let us know you are interested in helping and we will be happy to go over the upcoming events and find the perfect fit for you!

A NOTE FROM THE DIRECTOR

What a busy winter we have had! As the horses returned home for their winter vacation our Board and I have been busy with planning and organizing for the upcoming year. We have had many meetings such as with the Sponsorship Committee, for the Five Year Plan renewal, to discuss events, and more! We have come up with some wonderful ideas to continue the growth and education of our program. We are excited about ideas for growing our past events and holding a new event for 2020, a summer cookout! These events help support our program so that we are able to provide the quality and care you know and love.

We are currently very excited to have the horses back at the barn and begin our spring session. We love each and every one of our horses, without whom we would not be able to have this wonderful program. Our barn underwent spring cleaning before the horses' arrival. We are organized and ready to go! Each horse will spend time settling in, getting pampered, and worked slightly to ensure they are ready for Spring!

-Kelsey Lasher



HORSE REPORT

Nicker News- Horses Report

Nicker News- Horses Report

Our wonderful team of horses have returned from winter vacation. Most of our horses are returning, but we are also welcoming a few new soft muzzles to the team who we hope will prove to be the happy and hardworking retirees they seem to be. We are excited to have them join the program. So, what have our returning horses been doing all winter? Well, it depends on the horse. If you ask Maggie and Dixie they would tell you they have been enjoying hanging out with their other four legged friends and lounging in the sun. Bandolier would say he has had a busy and exciting winter joining his mom and friends out on the fox hunting course! Miss Molly would talk about the new friends she made while at her winter home, both two legged and four legged! Kili and Coco would rave about how they headed off to the same location together and enjoyed a happy winter with their human mamas and the many children who live at their farm! Now, all these wonderful horses have come back together to begin the new spring session!

Our horses are the heart of our program. Please consider being a stall sponsor for one or more of these amazing animals. With this sponsorship money you will help pay for their monthly board at the barn as well as their hoof and general upkeep care. To find out more information please contact Kelsey at info@ridewithprideva.org.



Testimonial

I found out about Ride with Pride from our Local DSS. We were really struggling with our daughter that is now 8 years old when she was still in Foster Care. Both of our Adoptive daughters have Reactive Attachment disorder, extreme anxiety, PTSD and continuous struggles with their trauma history. Equine therapy has been so beneficial for their growth! My 8-year-old really struggles with peer relationships but has come so far through grooming, tacking and riding the horses. By the end of the first season she cried when she had to say goodbye to her horse. To see how much she had bonded with her horse in just 6 short weeks was absolutely priceless and had me tearing up as well. A child that hasn't been able to show affection properly had managed to bond with this huge beautiful creature!

Over the past 5 seasons, she has become so much more confident and really loves everything horse related and rides really well!!! It has improved her behavior and coordination and has helped her learn to control her body. It gives her something to be really confident about. When she is through with her lesson, she is so calm and relaxed it is like a whole different person! Being with her horse really seems to take all of her anxiety away. She has created such a unique and special bond with the horses she has rode along the way that is so much deeper than with human interaction. Our daughter has learned to trust and become so in tune with her horse which is so unique since for her since she struggles tremendously with trusting people and is typically hyper aroused. It seems to be a great break from the anxieties of her world.

I also enjoyed taking her so much since horses make me feel so much better just being able to be near them and watching the kiddos interact with them! Equine Therapy was so beneficial for our 8-year-old that my husband and I decided after the first season came to an end to get a horse so we could continue with the bonding in between sessions. We have tried to create similar experiences with our horse and mini pony that I have watched at RWP between sessions and it has strengthened our entire family's bond and helped transition our family through the adoption process.

We also started our youngest and she is now on her second season and really enjoys it. Ride with Pride has such sweet and patient horses, it makes the whole experience so much more enjoyable!! The staff and volunteers are so nice and helpful and you can tell they really genuinely care. I couldn't recommend any service you could do more than this and we have tried a lot of them!

Equine Therapy with Ride with Pride has made a tremendous difference in our girls and in our family as a whole. They truly make learning and riding the horses so fun. We are so blessed to be a part of the Ride with Pride family!!

-The Canterbury Family



Treasurer's Report

2019 was a great year for Ride With Pride. A large part of this success was due to our Annual Dinner and Auction - A November to Remember. It was a wonderful evening of seeing old friends and meeting new ones. I have already marked my calendar for this year's event on October 3, 2020 and I hope you will too. We also did well with the 5K and our Fall Trail Ride. Many of these events have sponsors and that makes all the difference. We couldn't do it without them. Thank you, Amato Clinic, Blue Ridge Equine Clinic, Boehringer Ingelheim Animal Health, People Places, and Sheffield Promotions.

We continue to need the support of our local business and individual donors. Without you, we could not continue to work with our students. Thank you all so much.

We will again apply for the Neighborhood Assistance Program credits. There is still some room left for this year's program that ends June 30, 2020. You can receive up to 65% of your donation right off the top of your taxes - but, as always, check with your accountant.

If you would like to receive a year end report for 2019, please feel free to contact one of the board members. Have a wonderful spring and summer and we hope to see you at some of our events!

Volunteer Corner

You have probably heard it a million times, but it's true - non-profits thrive when they have the help and support of their community members through donations and volunteers. Well, it is no different for our program. Our lessons need consistent and dedicated volunteers each week in order for our 50+ students to participate with their horse every week. Because of these dedicated volunteers our program has been benefitting the community for over 30 years. Within our program we are always reaching out for support in our lessons and recognizing those who work with our horses and clients. But, what about those behind the scenes? Our Board of Directors is 100% volunteer based and they work hard to ensure the growth and success of this program. Without this wonderful team we would not be here today. Our board members take time out of their busy schedules each month to come together and discuss the program, upcoming events, and new and exciting ideas for growth. They take on new assignments and challenges between meetings to solidify the internal success of this program. We would like to thank each and every board member who has served, and is serving currently, for all their dedication and hard work!

-Kelsey Lasher

Ride with Pride is extremely grateful to every volunteer who steps through its doors. Without our volunteers riders would not be able to ride, our board would not exist, and the organization would not be able to function smoothly. We are always looking for eager and new volunteers. If you or someone you know would like to find out more information about volunteering with Ride With Pride please email volunteer4rwp@gmail.com or call us at (540) 255-2210.

Recent events

Our Annual Fall Benefit Auction and Dinner was a huge success in 2019 and we are already looking forward to this year's benefit auction and dinner. The previous benefit auction and dinner was an exciting time with over 70 community members coming together to demonstrate their support for a program in which they sincerely believe. Old friendships were renewed and new friendships were made during this dinner. Kelsey began the evening with a presentation about our program. Then, one of our wonderful students shared her own story about how she overcame fears during her time at Ride With Pride. It was truly meaningful for our supporters to hear first-hand just how important our program really is. Ed Clark, auctioneer extraordinaire, followed with an exciting and entertaining live auction. Afterwards, our fantastic dinner guests enjoyed music provided by the Mason Jar Blues band.

We are looking forward to the upcoming Benefit Auction and Dinner on October 3, 2020, at the Stonewall Jackson Hotel. Tickets are available now at www.ridewithprideva.org or contact us at info@ridewithprideva.org or (540)255-2210. We hope you will attend this year!

Sponsors

Gold Level



Silver Level



Bronze Level



Thank you to our 2020 Sponsors!

Join Us For Ride With Pride's 6th Annual 5K Colorful Run !

Saturday, April 18, 2020

A MOMENT OF
Magic
FOUNDATION



REGISTRATION BEGINS AT 8:00 A.M. ~ STEP OFF AT 9:00 A.M.

AT 2435 SHUTTERLEE MILL ROAD, STAUNTON, VA 24401

EARLY REGISTRATION MARCH 15 ~ \$25.00

MARCH 16 THRU APRIL 17 REGISTRATION ~ \$30.00

RACE DAY REGISTRATION ~ \$35.00

FAMILY FUN RUN 1 MILE FOR CHILDREN UNDER 10 ~ \$15.00 PER PERSON

**T-SHIRTS GUARANTEED UNTIL APRIL 1ST AND THEN WHILE SUPPLIES LAST
JMU STUDENTS WILL APPEAR AS DISNEY AND MARVEL CHARACTERS &
OFFER FACE PAINTING FOR THE KIDS ~ SPONSORED BY
A MOMENT OF MAGIC FOUNDATION**



***To Register Go To <https://ridewithprideva.org/event/5k-colorful-run/>**

***Mail your Registration Packet to Ride With Pride, P.O. Box 1203, Staunton, VA 24402
or email it to info@ridewithprideva.org**

Questions? Call (540) 255-2210 or email us at info@ridewithprideva.org

Come join us for our 6th Annual 5K Colorful Run on April 18, 2020, at beautiful Cedar Creek Stables. Our Colorful Run consists of a 5K run/walk, to go at your own pace, and a one mile family fun run/walk for families with children 10 years of age and younger.

Both courses intertwine and have beautiful views of our farm and Augusta County. This year we are excited to welcome A Moment of Magic from JMU. A Moment of Magic is a non-profit group that brings Disney and Marvel characters to local hospitals, homes, and events for children with illnesses, special needs, or emotional traumas. They will be joining our 5K Colorful Run by setting up a face painting station and having Disney and Marvel characters on our family fun run/walk course. Families can stop and talk with these characters while enjoying their walk.



Register by March 15, 2020, for early registration discounts. T-shirts will be guaranteed until April 1, 2020, and then they will be first come first serve. Check out our website at <https://ridewithprideva.org/event/5k-colorful-run/> for more details and to register.

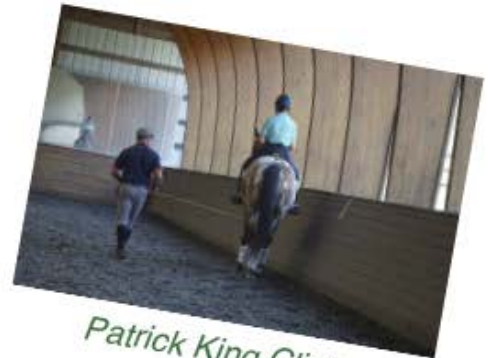
RWP Upcoming Events 2020



5K Colorful Run



Student
Horse Show



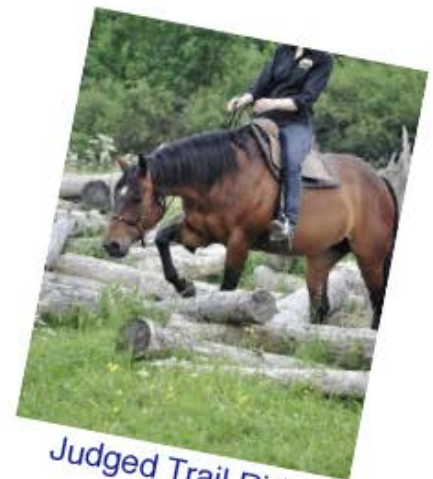
Patrick King Clinic



Benefit Trail Ride



Yearly Dinner & Auction



Judged Trail Ride

Spring Session Starts	March 16
5K Colorful Run	Apr. 18
Spring Session Ends	April 24
Spring Makeup Week	Apr. 27-May 1
Summer Session Starts	June 1
Summer Cookout Event	June 13
Patrick King Clinic	June 27-28
Summer Session Ends	July 10

Summer Makeup Week	July 13-17
Judged Trail Ride	July 18
Fall Session Starts	Sept. 7
Year Dinner & Auction	Oct. 3
Benefit Trail Ride	Oct. 11
Fall Session Ends	Oct. 16
Student Horse Show	Oct. 17
Fall Makeup Week	Oct. 19-23

Follow Us On Facebook To Learn More About Each Event !

HOW TO SUPPORT

BARN WORKER

EVENT PARTICIPANT

DONATE

VOLUNTEER

INSTRUCTOR

RWP is a volunteer-based, 501(c) (3) non-profit organization. Rider fees only cover a small percentage of our costs and we turn no one away due to an inability to pay. Therefore, we rely on the generosity of individuals, community businesses, and foundations to help us provide our very special services. Donations are fully tax deductible.

~ Participate in our scholarship program. Consider being a partner for one of our young men and women and their families by providing a scholarship for an individual session or an entire year. Your tax deductible gift will support a child or adult for one session: \$180 for spring or fall sessions (6 weeks); \$250 for summer session (8 weeks).

~ Purchase goods at Amazon Smile. A portion of the proceeds from your purchase will be donated to Ride With Pride. Simply go to <http://smile.amazon.com/ch/54-1583440> and shop!

~ Make a choice off of our Amazon Wish List – visit <https://www.amazon.com/registry/wishlist/281ZPW-T535E9A> and see the items you can purchase for us.

It won't take much effort on your part. Giving to RWP is easy and tax deductible.

Go to <http://ridewithprideva.org/donate/>, or send a check to Ride With Pride, P.O. Box 1203, Staunton VA 24402

RIDE WITH PRIDE DONATION FORM

Return in enclosed envelope to Ride With Pride, P.O. Box 1203, Staunton VA 24402



Please accept
my gift of:

___ \$500

___ \$250

___ \$100

___ \$50

___ OTHER

FIRST NAME

MIDDLE

LAST NAME

EMAIL

ADDRESS

CITY

STATE

ZIP

PHONE

___ I/We wish to remain anonymous

___ Check enclosed, payable to Ride With Pride

___ Please charge to my ___ VISA ___ MC ___ AMEX ___ DISC

ACCT #

EXP DATE

SECURITY CODE (3 DIGIT)

SIGNATURE