



**Date and Race Time:** Saturday, April 8, 2023. Registration starts at 8 AM, step off 9 AM

**Location:** Cedar Creek Stables, 2435 Shutterlee Mill Road, Staunton, VA 24401

**5K Run and Walk Fees:** Early bird registration fee: \$30 if mailed by March 10th, late registration fee: \$35 if received by April 7th, and race day registration: \$40. Kids run/walk course for families with children under the age of 10 that would like to participate, there will be a one mile course available for \$20 per person.

**T-Shirts:** T-shirts included while supplies last.

**Race Packages:** Each pre-registered 5k run and walk race participant will receive a race package that will include: a custom designed commemorative t-shirt (guaranteed to those registered before March 10th. Only available on a first come first serve basis while supplies last after March 10th), a race number, sunglasses to protect eyes from color powder while running, and a color powder packet to celebrate with at the end of the race. \*For participants who do not wish to be color blasted while out on the course, they will be provided a special bracelet to show race officials before entering the color zones out on the course.\*

**Course:** Multi-surface, off-road, begins and ends on Cedar Creek Stables' beautiful 100 acre property. Signs and volunteers will be placed out on the course to help navigate participants around the course. Hydration stations will be set up in the middle of the course and at the finish line.

**Timing:** There will be no electronic timing or scoring provided.

**Sponsorship:** Businesses interested in sponsoring the 5k event will have the opportunity to have their business name advertised on the backs of the 5k t-shirts. \$100 dollar donation-name only, \$250- small logo, \$500+-large logo. Contributing businesses will also be permitted to set up a booth displaying information about their company along the start line.

**Proceeds:** Proceeds from this event benefit Ride With Pride Therapeutic Horsemanship. Ride With Pride is Augusta County's premiere equestrian-based therapeutic horsemanship program where the horse is the teacher, therapist, and friend. Serving its clients for over two decades, Ride With Pride provides a supportive, community based environment for the treatment of mentally, physically and emotionally challenged individuals of all ages while using equine assisted therapies.

**Race Restrictions:** Strollers/baby joggers, rollerblades, skates, skateboards, bikes, or scooters are not permitted on the race course. Dogs are NOT permitted. No participant is allowed to go into the barn or fields without permission from race officials.

# Registration Form 5k Colorful Run/Walk

Complete this form in its entirety and return to Ride With Pride with the appropriate payment.

Early bird registration fee: \$30 by March 10

Late registration fee: \$35 by April 7

Race day registration: \$40

Register each 5k participant individually. Register at [runsignup.com](http://runsignup.com). Prefer to register by mail? Mail registration form and payment to Ride With Pride at PO Box 1203, Staunton VA 24402.

First Name:

Last Name:

Email:

Phone:

Address:

City:

State:

Zip:

## 5K Race Participants

\$30 (early bird mailed or emailed by March 10)

\$35 (preregister mailed or emailed AFTER March 10)

Are you running or walking?

Running

Walking

Are you participating in the 1 Mile Family Run? (family must include children 10 years old or younger)

Yes

No

If yes, include \$20 per person for the 1 mile family fun run

T-shirt size?

S

M

L

XL

XXL

If you do NOT wish to be color blasted while out on the course or at the end of the race, please check this box:

## WAIVER

Registration will not be accepted without the acknowledgment of the waiver with signature on each waiver

I know that running is a potentially hazardous activity. I should not enter or run in this event unless I am medically able and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all risks associated with running in the race including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the condition of the roads and traffic on the course, all such risks being known and appreciated by me. All fees are nonrefundable. Race will take place rain or shine. In the event of extreme weather conditions of some other unforeseen act of God that may prohibit the race, all fees are nonrefundable. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the event, facility owner, program staff, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. By typing your signature electronically, and submitting this form, you are agreeing to the terms and conditions stated herein.

Signature:

Date:

Client, Parent or Guardian if participant is under 18

## PHOTO RELEASE

I DO

I DO NOT

hereby consent to and authorize the use and reproduction by Ride With Pride, Inc. of any and all photographs and any other audiovisual materials taken of me/my son/my daughter/my ward for promotional printed material, social media, educational activities, exhibitions or for any other use for the benefit of the program.

Signature:

Date: